

AYUSH Therapies-cum-ALLOPATHY supported Homeostatic Integrated comprehensive Diagnosis and Treatment and Management for Sadhya, Kast-Sadhya, Asadhya, Yapya, Chronic, Life-long, Incurable Disease Conditions

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Abstract: At present, the need for integrated disease diagnosis and treatment is being felt all over the world with many reasons. There are many important points behind such a need. Mostly lack is being felt among Allopathy medical system as the sure and curative treatment is becoming increasingly difficult day by day. The reason is unavailability of direct effective medicaments. The advent of new drugs is blocked due to unsuccessful attempts of invention with the limitations of scientific research approach. Another major issue that has come to light is that the chemical medicines become resistant to the prescribed dosage due to which the dosage of these chemical medicines has to be increased, as a result of which the toxicity of the chemical increases in the body and due to side effects, one has to face new types of physical problems. The vital organs of the body are affected and it is seen that along with the disease which is being treated, another stronger disease also arises. There are several other reasons which comes before every physician in daily clinical practice as a challenge, while treating a syndromes of disease conditions. For example , at the very onset of CORONA infection syndromes, no specific medication was available to get rid of this epidemic outburst. As a result, physicians were tend to use unwillingly those medicines, which was on in their hands, Therefore all kinds of Anti-biotic, Anti-pyretic, Anti-H.I.V, Anti- Tubercular, Anti-cancer, all steroids group and other available medicines had been used. With the hope that the unknown virus may possibly response to decontrol the crucial syndromes by any drug group, but nothing could be done effectively by any drugs against the outbreak of virus syndromes remarkably, Meanwhile at serious criticle crisis, introduction of a group set of AYUSH drugs had been used. Ayurveda and Homoeopathic and Unani drugs had been used sucessfully in the treatment to control the horrible syndromes of CORONA disease . Many Ayurveda practitioners had used Ayurvedic drugs with Allopathic remedies very successfully. This integrated treatment method saved large numbers of life..After COTONA crisis, slowly and gradually normalcy established, the question arises, can AYUSH therapies helpful in other disease

condition's treatment with Allopathic remedies ? How AYUSH therapies with Allopathic drugs can beneficial in the treatment of Sadhya, Kast-Sadhya, Asadhya, Yapya, Chronic disease conditions and in incurable diseases?., This question is raising for problem solution. After gaining Homeostatic Integrated diagnosis and treatment 50+ yrs practice experiences with AYUSH-cum -Allopathy medical system , ,it can be said that every disease condition can be well treated and managed by these methods. [1,2,3,4,5,6,7,8,9,,10,11]

Keyword; Integrated treatment, integrated treatment and management, Integration of different medical system & Treatment benefits by Integration of medicine, cure by integrated system and management

1. INTRODUCTION; Concept of Integrated Homeostatic Medical practice approach

Integrated treatment is a new concept for every doctor. It is a new concept in the sense because a doctor who has studied and gained knowledge and qualification in a particular medical system is practicing medicine according to the same system for which he has taken trained. This is called a single medical qualification for particular medical system practice. The Government of India has recognized medical systems for medical practice occupation, which are called Allopathy, Ayurveda, Sidhdha, Unani, Homeopathy, Yoga and Naturopathy. Officially Recognized courses and degrees of all these medical systems are allotted to those doctors who qualify the prescribed courses. Later, to give legal form to professional activities, registration is done by the concerned government authorities both in center and states. A graduates in Ayurveda with modern medical science subjects, the Uttar Pradesh government has allowed Ayurvedic doctors to use scheduled Allopathic generic and branded medicines. Being an Ayurveda and Homoeopathy graduate with modern medical science subjects and with this qualifies short term courses in Yoga and Naturopathy, Physiotherapy, Acupuncture,

Medical Electronics etc. from time to time have been practising simultaneously since 55+ years. [8,9,,10,12,16,20]

1.1 Practicing Integrated diagnosis, treatment and management in Germany

In 1973, when Integrated medical methods in Krankenhaus für Natureheilweisen, Harlaching, Muenchen [Munich], Deutschland {Germany},[10] the highest ranked hospital in Germany was being studied and practiced by me and was working with German physicians of this specialised field. The concept of this type of specific medical practice had been experienced and conceived deeply .the key-idea of using coordinating Allopathic medical system with Homoeopathy, Phytotherapy {Herbal therapy}, Physiotherapy, Hydrotherapy including other available natural methods in German patient with other European countries visitors by German Doctors.



Fig-1 ; Krankenhaus für Natureheilweisen,

Harlaching, Munchen [Munich],

Deutschland {Germany} pioneer

Hospital for Integrated Homoeostatic center in European continent. of integrated use of different types of medical systems in this hospital. Studying and Working with German doctors and seeing the way even the most serious diseases, conditions, were cured / relived by using machine devices diagnosis, laboratory tests, Allopathy, Phytotherapy, Homeopathy, Hydrotherapy, Naturopathy, Physiotherapy and other methods supported treatment and management on German patients, was astonishing. When I returned India from Germany after completing studies in the hospital on how to use all the medical methods together and how to treat incurable, difficult and chronic diseases of patients, I started similar practice using the same methods in my medical centre on the same lines. But along with all this, I also added Ayurveda Unani, Acupuncture, and Magnet Therapy etc. as an advantage for achieving best results . This method is still being used and in practice in our

research centre with maximum successful results. The list of diseases, which have been cured / relived / palliated by this way of treatment,, are almost all types of anomalies and complicated syndromes. At our research every disease conditions responses well by Integrated Homoeostatic management . [10,11,12,13,14,15,16,17,18,19,20]

1.2 Need of AYUSH cum Allopathy Therapies for future health support

AYUSH is a short form, which stands for A- Ayurveda, Y- Yoga and nature-cure, U-Unani, S-Sidhdha, H- Homoeopathy. The name Allopathy is mentioned by Dr. Hahnemann, the father of Homoeopathy, in his classical work Organon der Heilkunst {Organon of medicine} originally composed in German language.. At present Allopathy is also said Modern Western Medicine or Modern Medical Science or System.

2 METHODOLOGY;

Essential knowledge of AYUSH Therapies

Practicing Integrated diagnosis, treatment and management in clinic , hospital or research center with Allopathy cum AYUSH Therapies, a physician must have working knowledge of the medical system or systems for which he is willing to practice. Every physician have primary, advance or expert level knowledge of the modern medical subjects within their medical courses, except options, which are not mandatory. For example, Ayurveda, Homoeopathy, Unani, Sidhdha courses curriculum contains almost all medical sciences subjects. Which are taught in modern medical system, apart from this more subjects are taught related to particular system's basic fundamentals including pharmacy. Therefore AYUSH students have to study both modern medical systems and AYUSH system both at a time. Naturally an AYUSH physician acquires knowledge well to practice dual therapies at a time as an advantages. In Uttar Pradesh State , Government has permitted to use scheduled Allopathic drugs to their patient. [1]

2.1 AYUSH means Ayurveda, Yoga-naturecure, Unani, Sidhdha, Homoeopathy

Ayush term denotes to Ayurveda and other complimentary medical systems, which are being practiced around the world. Allopathy is practiced all over the world in every corner. This medical system has its own concept of practice based on the scientific investigation and reasecrch results. This practice is continuous. Once a new research result comes in practice , just after a new one is replaced and the previous one is ignored. For example AIDS { Auto immune disorder syndromes} had said and presumed earlier that this is a disease of weak auto-immunity and not infectious.

Though Infection is categorised in four sections ; 1- Virus 2- bacteria 3- Fungus and 4- Parasites. Later on in a global conference of eminent scientist, some of them declared that AIDS is a creative syndromes of HIV {high immune virus} and it happened by virus. With this theory AIDS oldest theory have been abolished and new frame of theory came in existence. Comparatively AYUSH therapies consider this disease condition according to their scientific structure principles and treats HIV accordingly their syndromes with success. An Integrated treatment program cures totally HIV, The problem is that AYUSH physician's achievements are not recorded in the treatment of incurable disease condition, because of unorganised individual efforts unseen achievements. HIV Like cases well responses to cure using AYUSH combining dugs therapies.

2.2 Allopathy drugs integration with AYUSH remedies, where to use in actual practice?

Use of Allopathic remedies is helpful in appearance of sudden, acute, emergent condition of any syndromes breakout unexpected without any prior warning. In this situation, Allopathic remedies are boon for meet out to counter and manage any sudden onset. Sudden onset of any complaints are seen mostly like High temperature, Blood Pressure,, Cardiac, Respiratory, Brain Strokes, Severe Pain and many unknown conditions during multi-system failure's syndromes etc. Allopathic remedies have advantages to meet out this condition. In general practice when there is no any kind of emergency and in normal course practice , mostly infections troubles much to sick persons. Long use of Allopathic drugs may harm the system of bodyas they have side effects. At this atge AYUSH therapies are beneficial with Allopathic treatment to counter the bad effects of Allopathic medicinal side effects.

2.3 Basic principle's differences in-between medical systems

The most important thing about all Ayahs systems of medicine including Allopathy is that the base philosophy of all systems of medicine is not the same and does not match each other at all. The basic foundation of all these systems of medicine does not match at all. The basic idea of each medical science may be different but the body is the most important and foremost in the purpose of medicine. The main objective of all medical sciences is to treat the sick individual disease of the body and to remove , relieve, cure the problems of the body. Therefore, whatever may be the name of the medical science, the first objective is to make the body disease-free. The basic objects of all medical sciences are to make the body disease-free. [11,12,13,14,15,16,17,18]

2.4 Etiological diagnosis background make differences of all medical system

All medical systems have their own concept of basic etiological diagnosis proceasor for conclusion of disease origination , syndromes, extension, progress, prognosis and end results. Following points indicate the differences, where evry medical system deferens each other basics.

Allopathy is based on evidence based laboratory process like Microbiology, Pathology, Genetics, Physiological research, Chemistry and other methods on the line of scientific investigation

Ayurveda is based on the natural earthy, space and external environment matters existing, which is understood that all subjects makes the body, called Sharir. Ayurveda is based on the Sankhya philosophy. Extension of this philosophy goes to three basic fundamentals called Vata, Pitta, Kapha. Ayurveda is bases on these three basics.

Homomoepathy is bases on ths three principles Psora, Sycosis, Syphlis philosophy. The main basic of Homoeopathy is Similia Similibus Curenter that means like is cure by like.

Unani is bases similar to Ayurveda and the fundamentals are Saudavi, Sifaravi, Nazlavi. Unani medical system is based on these three fundamentals.

Nature cure is bases on the philosophy that toxins are the responsible cause to create physical and mental disorders. Cleaning of entire body is essential in this therapeutic system.

Accupuncture is bases on Yin and Yang. Imbalances causes physical problems.

Physiotherapy, Hydrotherapy , Magnate-therapy etc have their own theories, which should be considered accordingly.

2.5 Categorisation of Sadhya, Kast-Sadhya, Asaadhya, Yappa, Chronic, Life-long, Incurable Disease Conditions including Severe, acute and emergent disease stages

Diseases are categorised according to their appearance nature, onset, duration, problem escalation, prognosis amd end results. This ia a general concept of disease origination up to prognosis conclusion of disease existence. Ayurveda has classified diseases in following manners, which can be applied in general for simple understanding.

2.5.1 Sadhya, that means the disease is easily curable, if simple medications are used with limited prohibition in diet and life style changes. In this category simple problems like seasonal fever, headache, constipation, indigestion, acidity in simple form. Causes are simple such as change of weather, change in food and drinks habit, exposure of heat and cold etc.

2.5.2 Kast-Sadhya that means the disease is not simple to cure and is somehow difficult to cure. This means that disease is surely curable but a little difficult to cure as easily as Sadhya. In this category Typhoid fever, Chronic colitis, Mucous diarrhoea, Piles, Amenorrhoea, Hepatic problems, Calculus urinary etc etc.

2.5.3 Asadhya that means these diseases which are very difficult to cure, but on the other side it is presumed that the disease condition will be relieved in pain and other troublesome features and syndromes of disease condition. Medicine, changes in food habits, changes in life style, careful nursing and other supportive factors are used in this category of disease for minimising the troublesome syndromes.

2.5.4 Yasya These are such problems which cannot be cured and these diseases come in a category where no medicines work and the body does not show any reaction or effect of the medicines and no matter how many medicines are given, they do not have any effect on the body.

2.5.5 Chronic Such diseases which make the body sick for a long time and do not get cured, such diseases are called chronic diseases or causal diseases and they can be in any form and can affect 12 or three or four organs of the body or can also affect the functioning of the body as a whole. Such diseases are treated for a long time and these are long-term diseases like TB or TB and other diseases like Tuberculosis, Cardiac disorders etc.

2.5.6 Life-time Long; There are many diseases which play a role in life and do not get cured. As long as the patient is alive, these diseases do not leave him and keep him sick forever. The life of the patient becomes limited and as long as he is alive, as long as he is breathing, he suffers. This is called Long Life Devi Condition.

2.5.7 Incurable disease condition; Many such diseases develop in the body for which there is no cure and there are no medicines for them. These are mostly counted in incredible disease conditions because all the systems of the body get affected by it and it is also commonly known as multi-system failure. It is called multi-system failure because many systems of the body reach

such a state from where there is no possibility of any kind of recovery and medicines also stop working in the body.

2.5.8 Integrated diagnosis and treatment strategies; After giving the details of all the above mentioned categorized diseases, there is a need to make a limited strategy to use medical diagnosis and other means under which an attempt is made to decide what kind of treatment should be given to the patient. Through integrated diagnosis and integrated treatment, many of the problems mentioned above can be relieved and many multi-system failures can be prevented and it is possible to make the system work properly by integrated treatment, so doing Ayush treatment along with allopathy is a very important and necessary strategy to fight diseases.

2.5.9 Causative factors essential for disease conclusion

For integrated treatment, it is necessary to find out the reason for the diseases prevailing in the body of the patient. If the treatment is done without determining the cause, then success is not achieved in it. Therefore, it is very important to know the reason for the disease and what could be the reason for the diseases that have occurred at present or behind it. It is very important for the doctor to find out the causative factor.

2.5.10 Surgical versus medicinal approach of many diseases

In this category many Surgical diseases can be treated and cured by Integrated treatment. For example many kinds of fibroid growth, Urinary system calculus, Glands, some types of pre-cancerous stages and many more. [1,2,3,4,5,6,7,8,11,12,13,14,15,16]

3 MATERIAL AND METHODS

3.1 All medical system should be seen comprehensively and conclusively on single point

For Integrated medical practice, treating physician must diagnose the sick individual problem in comprehensive views. A physician should go for solving the problem, adopting all possible diagnosis methods and procedure, which are available.

A physician can follow the following common guidelines.

1- he should prepare a case history of the sick person in sequence, which problem appears at which age and circumstances and their sequential appearance.

2- Minute observation is essential, mental and physical problems should be observed during case recording in written and in printed format as is described in classical books. .

3- After recording the patient's history in a format and noting every minute detail, the next thing to do is to include the records of all the tests done by diagnostic machines and also the laboratory tests of human waste such as feces, urine, sweat, vomit, blood, saliva, sputum etc. Details of all should be collected as much as possible. Apart from this, the results or reports of all the necessary tests like CT scan, MRI, ultrasound, electro cardiogram, X-ray, elector encephalogram, etc. should be included. Apart from this, machine tests of Ayurveda or homeopathy or any other AYUSH medical science, ETG Electrtridosho Graphy, Ayurveda Tridosha Scanner, Ayurveda Whole Body HTL Scanner and special blood or urine tests of Ayurveda should also be included. So that it is easy to conclude what level of disease is there in the body and to what level the disease or sick person has been affected by single or multi system disease and what problems are arising? All the data collected helps in determining and making accurate the treatment given after diagnosis of the disease.

3.2 Limitations of all medical systems

Every medical method practised in the world can treat human ailments up to a limit. There are limitations in every medical science whatever it may be,. Allopathy, Ayurveda, Unani, Homeopathy, Sidhdha, Tibetan Medicine, Chinese Medicine etc. can treat only up to a limited medical sphere. The specialty grace is that some medical sciences have better medical treatment solutions of a specific disease, while others are not up to the marks. Every medical method have their own specific features. Cure of any individual is possible when body ailments are treated almost maximum coverage of 100 percent by medicines. It is impossible by a single medical therapeutic system, which can cover 100 percent by their own medications. Therefore there is a need crops up to cover 100 percent ailments treatment of a sick individual. This task is only possible by the Integration of therapies.

3.3 Patient syndromes Needed Integrated Treatment

In clinical practice, seeing the patient in practical form and understanding his disease and diagnosing the disease in the body makes all the doctors struggle to understand what is the disease of the patient and how can it be cured ?. Bookish knowledge has its own limitations and it is taught to everyone how useful this knowledge is in scientific practice. This fact can be understood by giving an example case . An Adult woman patient who [1] has kidney and ureter stones [2] monthly periods are irregular with heavy blood flow amount [3] blood pressure increases with mental restlessness and Heart

rate is higher than usual [4] Cervical spondylitis causes dizziness and pain in back, chest, mammary glands and shoulders,[5] sour eructation and constipation [6] Fatigue and Anaemia ,[7] Swelling in the legs and pain in the joints. [8] No pregnancy after 8 yrs of marriage On examining the woman, it was found that she also had other problems like fever and changeif weather causes aggravation of her complaints and symptoms. Patient is taking Allopathic treatment from many years without any relief. Somebody referred her for integrated treatment This Case is sited from true clinical practice for illustrations of application of Integrated Treatment.

3.4 Integrated Diagnosis and problem Conclusion

The basic requirement for integrated treatment is that the treating physician should have knowledge and experience of all the medical systems being used for the treatment of the disease. Therefore, for integrated treatment, it is necessary to have as much knowledge as possible about the basic principles of Allopathy, Ayurveda, Homeopathy, Unani therapeutic systems along with non-medical therapies like Acupuncture , Physiotherapy, Nature cure-yoga etc. and the use of their tactics and allied applications. Because only then the doctor will know which medical science provides better treatment for which disease? Therefore, which medical system's medications shall be fruitful and prove better results and safe and rapid actions in body to get rid over the disease syndromes and which will be beneficial for helping to cover the additional syndromes and symptoms treatment. To achieve this objective, it is necessary to explain the disease diagnosis. The best way to study the disease is to establish Four point dimension diagnosis points to establish the [4] expansion of the disease to other organs and cells-tissues [3] Main problem and syndromes of the patient for which came to consult the doctor [2] Main reason of the triggering factor of disease and {1} Root causative factor of the patient's disease generation.

Integrated Medicine Treatment Protocol	
Group of Remedial Therapies	Group of Non-remedial Therapies
Allopathy medicine	Physiotherapy
Allopathy Surgery	Accupuncture
Ayurveda Medicine	Hypnotism Therapy
Ayurveda Surgery	Magnetotherapy
Yoga-Naturecure	Hydrotherapy
Unani	Dietics
Sidhdha	Life Style Counselling
Homoeopathy	Others

Integrated Diagnosis and Integrated Therapeutics Needs Combination of A II

Fig:2 Homeostatic Integrated Therapies Groups division

3.5 Essential steps for Problem Solution

To understand what the disease is, first of all {1} the doctor needs to prepare a case-history of the disease, So

that a written data of the patient's disease history will be safe. Do not rely on memory. {2} After this, the second task is to separate the symptom groups in chronological sequence {3} The third task is to diagnose as per the symptoms and to segregate all the problems organ wise {4} The fourth task is to do general tests of the patient like body temperature, blood pressure, spo2 pulse rate along with testing the diseased organs {5} Do laboratory tests of blood, urine, stool, sputum etc. as per requirement and examine the organs through scanning machines like ECG, EMG, E.E.G. ULTRASOUND, XRAY, MRI, CTSCAN PET etc. {6} Special AYUSH testing methods of Ayurveda, Unani, Homeopathy, Yoga-Nature Cure, new invented diagnosis technologies Ayurveda Tridosha Scanner, Electro Tridosha Graph, Ayurveda H.T.L. Whole Body Scanner and Ayurveda blood test Homoeopathy Hahnemann Scanner and other examination devices, all devices investigating reports help in diagnose and analysis and synthesis of disease conditions Homeostatically from head to toes in view of problem conclusion and its solutions.

3.6 Pre-consultation, analysis and synthesis of Data

It is very important to study all the reports of tests before starting the treatment of a sick person. All the reports need to be examined and the DATA of all the reports needs to be analysed in an integrated manner. It is important to do a combined study of the patient's disease history along with the reports of all the tests done on the body, blood test reports and reports of AYUSH diagnostic machines because only then will it be known {1} What is the root cause of the disease? {2} Which body part was affected first by the root cause? {3} Which major body part was affected by this affected body part due to which the symptoms of the disease appeared? {4} How did this most affected body part spread its discomfort to other body parts? These four things are very important for understanding the disease of the patient, needs study the case in chronological sequence.

3.7 Post consultation, re-examination of sick parts physically

After diagnosing the diseases and concluding the disease by all the available methods, there is a need to re-examine all those body parts on the basis of the data obtained so that the meaning of the conclusions drawn on the basis of the reports received can be confirmed. This is an important step so that the possibility of repeating any kind of mistake is eliminated. Sometimes changes in the body change very fast and there can be changes in the tests done a few hours ago or a few days ago, hence it is important. Body swelling, condition of the wound, fever, pain, oxygen level, hemoglobin etc. are many such parameters which keep changing from minutes to hours, hence the doctor feels the need to test carefully. Therefore, it is necessary to do a physical examination

after looking at all the reports and the report of the examiner. Above given case- example shows that Female is suffering from two main problems {1} that Pregnancy is the main reason and cause to affect other organs and produces anomalies syndromes and {2} Calcium metabolism patho-physiology that causes stone formation in Renal system {3} Rest of the complaints are the pressure of the both disease conditions expression. Treat the cause and not the disease should be one of the motto of the physician. Treatment is to destroy the cause or reasons of the disease or remove them from the body.

60+ years of Integrated practice in AYUSH-cum-Allopathy medical systems at our research center provides enough experiences of treating every nature and kind of disorders, which are diagnosed, wrong diagnosed, undiagnosed, maltreated and declared by the experts that disease have no treatment. Thus declared cases have been successfully treated by Integrated established procedure.

While integrating all the facts mentioned in this research paper, an attempt has been made with the main objective that the objective of integrated medical work is clear that all the methods of treatment and all the methods present globally should be accepted and used in medical work. For this kind of attempts, many necessary steps will have to be taken by the institutions related to medical field. Especially those institutions, which provide medical education courses, established by the government recognised body, the national government should come forward and first. In this regard only suggestions can be given. The first suggestion is that there is a need for an integrated curriculum for all medical system's education. In India the medical course is of Allopathy or AYUSH , these are for 5 and a half years duration .For integrated medical practice , every Doctors should study an additional course of 2 years separately with hospital internship practice, so that all doctors get a uniform curriculum and training. In cases of Multi-system failure syndromes . Integrated treatment has been proved practically its own importance.

4- RESULTS ; DISCUSSION

4.1 Report specimen Multi-system

Patho-physiology

Below is a specimen part report of Ayurveda Tridosha Scanner examination, which shows the Multi-system patho-physiology of the internal organs . This report finally helps to choose the system ,which has their anomalies in sequence preference. The treatment strategies becomes very easy while treating a patient having multi organs failure problems.

KANAK POLYTHERAPY CLINIC & RESEARCH CENTER
KANPUR MOBILE; 8604629190
DIGITAL AYURVEDA TRIDOSHO SCANNER REPORT
MULTI-ORGANS PATHO-PHYSIOLOGY ASSESSMENT

758.52	HIGHEST	AUTONOMIC NERVOUS SYSTEM
782.52	HIGHEST	HEAD NECK SPINE UPPER BACK
451.02	NORMAL	EAR NOSE THROAT MOUTH CAVITY
579.84	NORMAL	PULMONARY LUNGS TRACHEA LARY-PHARYNX
689.34	HIGH	CIRCULATION HEART VESSELS
735.84	HIGHEST	LIVER GB PANCREAS SPLEEN
83.34	LOWEST	DIGESTIVE SYSTEM
-65.98	LOWEST	RENAL KIDNEY URETER BLADDER
256.02	LOWEST	GASTRO INTESTINAL TRACT
577.02	NORMAL	MUSCULO SKELETAL JOINTS
282.42	LOWEST	GENITALIA REPRODUCTIVE ORGANS
508.52	NORMAL	PELVIC BACK SPINE LOWER LIMBS
687.02	HIGH	EXCRETORY SYSTEM
421.52	NORMAL	HORMONAL ENDOCRINES
465.02	NORMAL	SKIN INTEGUMENTARY SYSTEM
788.02	HIGHEST	OJAS VITALITY IMMUNITY

< 550.01 - 450.01 > : Normal Range

TEST COMPLETED

ID: 4933, Date : 28 Feb 24, PATIENT NAME: C.K.PADHA
[All the above parameters are to assist Ayush doctors
in diagnosis of the disease and related Ayush treatment
Before starting the treatment of the patient, this is necessary
to get other medical tests done for accurate
and correct check of the above parameters.]

Fig-3 Multi-system anomalies findings and Assessment with diagnosis approach by A.T.S. Ayurveda Tridoshi Scanner System

4.2 Example Specimen of Integrated therapies Prescription

Below is given an Integrated remedial specimen example prescription of an infected H.I.V. Patient, which is consisting of AYUSH medicines with Allopathy remedies.

डा० डी. बी. बालयिपी
डी.एम.एस. (मेडिसिन), आयुर्वेदशास्त्र (कलकत्ता)
एम.बी.बी.एस. (एयुर्वेद) (कलकत्ता)
एम.बी. (मेडिसिन) डी.पी.एस. (कलकत्ता)
डी.आर.सी. (एयुर्वेद शास्त्र) (कलकत्ता)
डी.पी.एस. (एयुर्वेद शास्त्र) (कलकत्ता)
असहयोगी आयुर्वेदशास्त्र एवं इंजीनियरिंग विभाग,
केन्द्रीय विश्वविद्यालय - अहमदाबाद

मोबाइल ; 7376301730

क्लीनिक :
६९/७०, भूसादेसी रोड, बर्लन बाजार
कानपुर-२०८ ००१

SHRI N. K. HALIYANI MALE c/o H.I.V. CONFIRMED SYNDROMES
Age; 31+ yrs 05-10-2024 13:04

AYURVEDIC & UNANI MEDICINE

Rx

- | | |
|---------------------|-----------|
| GANDHAK RASAYAN | _1 TABLET |
| ARUGYAVARDHINI VATI | _1 TABLET |
| RAKTASHODHAK VATI | _1 TABLET |
| SUDARSHANGHAN VATI | _1 TABLET |
| ARK MUNDI | _20 ml |
| ARK USBA | _20 ml |
| ARK PUNARNAVA | _20 ml |
| ARK MAKOH | _20 ml |

Direction ; TABLET AND ARK TO BE TAKEN AT A TIME MORNING AND EVENING
- | | |
|---------------------|--------------|
| KHADIRARISHT | _15 ml |
| LOHASAV | _15 ml |
| BHRAGRAJASAV | _15 ml |
| CHOUCHINYADI CHURNA | half T'Spoon |

Direction ; Take mentioned quantity and ,mix equal quantity of fresh water , mix churna and stire, must be taken after Lunch and Dinner immediately or after meal two times a day

Dr. D.B. Bajpai
M.D., Ph.D., D.P.H.(Germany)

Fig-4 ; Integrated prescription of a HIV patient ; Selected Ayurveda and Unani Remedies, Px_Page- 1

HOMOEOPATHIC MEDICINES

- 3-
[a] 1- SULPHUR 30 _ 5 DROPS
2- IGNATIA 1000 _ 5 DROPS
3-CALCAREA CARB 1000 _ 5 DROPS
4- PULSATILLA 200 _ 5 DROPS
5- LYCOPODIUM 200 _ 5 DROPS
6- NUX VOMICA 1000 _ 5 DROPS
7- AMMONIUM MUR 200 _ 5 DROPS
8- ACID NITRIC 200 _ 5 DROPS
9- CUPRUM MET 200 _ 5 DROPS
10- BARYTA CARB 1000 _ 5 DROPS

Direction ; Take one teaspoonful fresh water, mix five drops medicine, one dose is taken in alternation one by one and repeat again in a day in one to ten days shifting one dose daily each after every Ten days , repeat the sequence

- [b]
ECHINESIA Q _15 DROPS
CHIRAITA Q _15 DROPS
KALMEGH Q _15 DROPS
HYDRASTIS Q _15 DROPS
BAPTISIA Q _15 DROPS
AZADIRACHTA IND Q _15 DROPS

Direction ; take half cup fresh water, mix all tinctures in mentioned drops should be taken on empty stomach in early morning and at bed time two times a day

Fig-5 ; Integrated treatment prescription of a HIV patient; Homoeopathic Remedies Px page-2

ALLOPATHIC REMEDIES

- 3-
[A] UNIENZYME TAB **one tablet**
BECADEXAMIN CAPS **one capsule**
HOSTACYCLINE 500 mg CAPS **one capsule**

Direction ;
**AFTER BREAKFAST
WITH PLAIN WATER
TWO TIMES A DAY**

Fig-6 ; Integrated treatment prescription of a HIV patient; Allopathic Remedies Px page-3

This example specimen prescription is for the documentation purposes and specially designed for the individual patient uses only after strict diagnosis and syndromes scrutiny.

4.3 Pharmacological actions on human body in integration of remedies

Through integrated treatment in human body, it is been observed that how Allopathic, Homeopathic Ayurvedic and Unani medicines left their effects. In the study of the effects of medicines, it is noticed that the drugs effects in the following manners.

4.3.1 Allopathy;

Allopathic drugs are based mainly evidence based criteria of inorganic and organic chemical substances drawn from various sources, tested and studied their effects on

animals and after that humans on the physiological basis of diseases, pathological basis of diseases, anti-infection and other chemical chemistry bases studies etc. . The treatment protocol is deferent from other existing AYUSH or complementary or alternative therapies.

4.3.2 Ayurveda ; Unani ; Homoeopathy ;

AYUSH or Complementary or Alternative medical system's treatment protocols are defer from Allopathic medical system. All have their own philosophical backgrounds. Although the concept of the selection of drugs are basically similar in some areas, Regarding Pharmacological actions of AYUSH remedies in human body, this happens mostly on multi-organs, on tissues, on cells etc. Apart from this,, specially Homoeopathic higher and highest potencies drugs leaves their effects on cell's and on cell's nucleus.

5. CONCLUSION

In conclusion, the research paper highlights the main features of the Integrated Homoeostatic AYUSH-cum-Allopathic diagnosis, treatment , management and other essential strategies with remarks. Resutence cases in Allopathic system is increasing and Allopathic remedies are becoming resident all over globally. In thi crucial situatuin Integrated AYUSH cum Allopathy treatment The Ultimate goal of the Integrated treatment protocol is to cure or relieve human body disorders and sufferings.

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